



creating

schools where young people
want to be and teachers want to teach

Guided Discipline and Personalized Support

What is *Guided Discipline and Personalized Support*?

Nationally, the issues of student discipline and motivation continue to be major concerns for secondary classroom teachers. *Guided Discipline and Personalized Support* helps middle and high school teachers organize and manage their classrooms in ways that increase students' learning and cooperation, self-management, responsible decision making, and disciplined work habits. These skills and habits lead to greater personal and social efficacy and academic success. ESR's approach to discipline and student support has an instructional problem solving orientation. It emphasizes modeling, teaching, practicing, and assessing the behaviors and habits that teachers expect.

How can *Guided Discipline and Personalized Support* help my school?

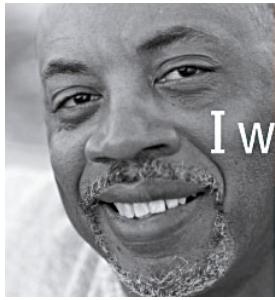
As a result of this program, middle and high school teachers will learn how to implement five steps of guided discipline and personalized student support that will enable them to:

- Prevent most disciplinary problems by integrating principles of prevention, resiliency, and youth development into their classroom organization and management practices
- Reduce student-teacher conflicts and power struggles by developing effective "teacher talk" that defuses student frustration and confrontational behaviors while promoting cooperation, self-correction, and problem solving
- Reduce disciplinary referrals by taking a proactive role in handling students' behavioral and academic difficulties through accountable consequences, conferencing, and contracts
- Build a cohesive, high performing group of learners
- Increase student motivation, effort, and engagement through effective pacing
- Build their comfort and competencies to model, teach, practice, and assess social and emotional competencies in the classroom

How will students benefit from *Guided Discipline and Personalized Support*?

When teachers implement more effective classroom management practices, students are able to:

- Accept responsibility for their actions and monitor their self-improvement through self-correction, reflection, problem solving, rehearsal, guided practice, and self-assessment
- Listen and speak in ways that are respectful, attentive, and supportive
- Express their thoughts, feelings, and ideas to others more effectively and assert their needs and wants clearly
- Manage their emotions in ways that help them maintain control and self-respect
- Handle conflict, stress, and frustration more constructively
- Make better decisions regarding time and task management
- Use group cooperation and team building skills to work more productively with classmates



I want to connect

What do I get with *Guided Discipline and Personalized Support*?

Full implementation consists of five days of training plus classroom coaching and consultation with the principal and a school climate/discipline/student support team. At the request of a school or district, ESR can also customize a plan to meet specific needs and constraints. This may include an emphasis on a particular issue a school faces, a focus on novice teachers and their mentors across a district, or an introductory training for an entire staff.

Who can benefit from *Guided Discipline and Personalized Support*?

This program benefits teachers, paraprofessionals, mentor teachers, and instructional coaches. It is especially valuable for new and untenured teachers, mentor teachers who work with new and untenured teachers, veteran faculty who are struggling to teach a diverse population of students effectively, teachers who teach mixed ability student groups, faculty who are developing a set of common practices and protocols for small schools and small learning communities, and teachers involved in alternative learning programs for reluctant and resistant learners.

What materials do teachers receive?

All participants will receive *Getting Classroom Management RIGHT*. It offers research-based tools, skills, and guiding principles that enable middle and high school teachers to organize and manage their classrooms for optimal learning, prevent most disruptive behaviors, diagnose and respond to problematic behaviors efficiently, and provide the right kinds of accountable consequences and supportive interventions that will help reluctant and resistant students to turn around their behavior. The book also includes more than 20 behavior report and conference forms, practice exercises, and over 60 learning protocols for professional development.

Why work with ESR?

Since the early 1980s, ESR has been a voice for change in America's education system—a voice that says we must create the safe, respectful, and productive learning environments that all young people deserve. ESR has a proven track record of offering practical consultation, training, coaching, and resources to schools through a wide variety of programming and has been a part of the change process in public schools nationwide. All program consultants are former teachers or administrators who have extensive experience supporting educators in their efforts to improve school climate and culture and to transform teacher practice.

To find out how *Guided Discipline and Personalized Support* can serve your school or district, call us today toll free at **1.800.370.2515 and we'll show you how, together, we can make a difference.**

for a complete list of ESR training programs,

visit us @ www.esrnational.org